From the Principal

1st August Quiz Night Donations - thanks!
Many thanks to the Richmond families who own businesses and to local businesses, who have already pledged prizes for our quiz night. Please contact me if you can make a donation of a voucher or prize from your business or family – it doesn’t need to be big. We will list donors in each newsletter. It’s a real Richmond community effort – thanks!

Voucher
Union Nails
Family Photo-shoot
Photography by Emma Pointon
Voucher
Dinner-twist
Voucher
Cookie Dough
Vouchers
Allegro Yoga
Satellite Tracking Receiver
Roaming Technologies
Boxing Multi Passes
Young for Life gym
F&B Vouchers
The Left Bank
F&B Vouchers
The National Hotel
24 Bottles Wine
Fremantle Dockers
Prize
Vouchers
Toscanini’s
Vouchers
Rebecca Oates Hair
Voucher
Revive Café
Voucher
Solitaire Dry Cleaning
Voucher
Jumbo Video

We will sell quiz night tables from the office from this Monday 30 June. It’s $160 for a table (seats up to 8). Please come to the office next week, email me or phone us to secure a table as they are limited. It should be a great night.

Lisa Dentith
Principal

Schedule of School Events

- 27 June – P&C disco @ Tricolore
- 30 June – quiz night reservations open from the office. Table of 8 for $160
- 2 July – semester 1 reports home
- 4 July – assembly – music
- 4 July – break up term 2
- 21 July – student free day
- 22 July – students resume term 3
- 1 August – jeans for genes day
- 1 August – assembly rm 6 & 7
- 1 August – P&C quiz night (parents) @ EF footy club
- 5 August – interschool cross country @ Brentwood PS 11am-12.30pm
- 15 August – assembly SIM
- 19 August – 7.30pm P&C Tradewinds
- 11 Dec – graduation yr 6/7 @ Tompkins on Swan

STUDENT ABSENCE

Please SMS absences to the school stating: Child’s full name, room, absence date, reason
SMS: 0417 973 697

Please do not try to call this number and only use it to notify of absences. THANKS

Student Disco Today
Friday 27th June @ Tricolore
Yr1-3 disco 5.30 to 6.30pm  Yr4-7 disco 7–8.30pm
Milly 0428 267 074
From the Principal continued…

P&C Disco Tonight @ Tricolore!
Many thanks to parents Michelle Van Ooran and Milly Sayer for organising the disco tonight to raise funds for year 6/7 graduation. Thanks too to all the parents who have volunteered to help. There are no paper tickets – names will be ticked off at the door.

To clarify re supervision – we have enough supervisors now for the 4-7 disco – many thanks. Year 1-3 students do need to be accompanied by a responsible adult. That doesn’t mean one adult per child – you may arrange with friends that one parent will be there for 5 children etc. Just that each year 1-3 child needs to have an adult present who is responsible for them. Thanks!

Friendship workshops – Thanks to parents who responded to this. I am going to focus on year 4 girls for the first series of workshops next term. Let me know if you have a suggestion for the composition of the second group. Your child will bring home a note for your approval if they are being considered.

Shenton Park dogs’ home is urgently looking for new or used blankets and towels to keep the dogs warm through winter – if you drop them at the office, I will take them to the dogs home. Thanks!

Congratulations – year 8 Programs 2015
Kasey McKenzie has accepted a place in the Musical Theatre GATE Program at John Curtin and Charlie Bunn has been offered an academic GATE place at Melville SHS – well done!

P&C Road-wise Survey
A reminder to please complete our online Roadwise survey which was distributed via email last week. Thanks to everyone who has already completed the survey. All completed surveys will go into a draw to win a $75 Bounce trampolining voucher. It closes July 4th (last day of term).

Recycled clothing – we have boxes of free donated items. Please come to the office and take what you can use. No cost.

John Curtin College of the Arts
Contact the college on 9433 7200 to request a local enrolment form.

Quiz Night - Lots of families at Richmond own businesses – please do consider donating a voucher or prize for our quiz night – it doesn’t have to be huge. Maybe even a donation from your family! Donations of value $20-$100+ would be appreciated! Please contact the school or parent Yvette Bowyer via email admin@littlebentoworld.com

Curriculum - The website to download the entire national curriculum is the School Curriculum and Standards Authority site at http://k10outline.scsa.wa.edu.au/

Lisa Dentith
Principal

Awesome Arts - Calling all Junk Collectors
The Arts focus next term is JUNK, in preparation for the Fremantle Festival Parade in week 4, term 4. We will be inspired by the fantastic junk percussion group Junkadelic who will present a concert and assist us to create music (date / costing TBA). Students will also design and create chandeliers from Junk. Please collect any junk items your children may use to create their art works and store in a box until the incursion.

Friday July 4th is the school’s Australian themed Music Assembly, a culmination of selected pieces we have worked on this term. All K-7 students will participate in the assembly singing and or playing instruments. An excellent selection of students’ work will be displayed as an arts backdrop. We look forward to seeing you on the day- don't forget your money to purchase yummy treats from the Kindy cake stall at the assembly.

Moyanne Bertolini and Jody Scott
Arts Teachers

Sewing Help Needed at School
The elastic has perished on all our netball bibs and needs replacing (3 sets of bibs). Please contact Lee Maloney if you can help!

The next P&C meeting will be 7.30pm, 19 August, at Tradewinds
COMMUNITY NOTICEBOARD

Not-for-profit ads are provided as a community service and are free. The School Council has decided to accept paid advertising from businesses at $30 per ad. This revenue will be spent on school resources. Businesses wishing to advertise should email a business card sized advert to the school. Services and programs on this page are not necessarily endorsed by the school.

The RSPCA WA July School Holiday Program
The July school holidays are almost here. We have various themed sessions for ages 4 – 15 including our favourites Be a Volunteer Junior and Be a Vet. Get your onesie out for Sleepover time! available for 9-15 year olds. All sessions have a tour included. www.rspcawa.asn.au or 9209 9325. Bookings for the general public open 23rd June. Get in fast as bookings are limited!

School Holiday Movie Fundraiser
How to Train Your Dragon 2
Hoyts Garden City, Wed July 9th
Open 9:30am for 10am start
Tickets $15 each
Entertain the kids
during the school holidays and help
Beck James and Team BFF raise funds for the
Harry Perkins Institute for Medical Research
as part of their commitment
to walk 60kms again in 2015 for the
Weekend to End Women’s Cancers.
Contact Beck James - 0407 018 151 or beck.james@bigpond.com
to purchase tickets by 30 June

The Fremantle Dockers are proud to be bringing back the HBF July School Holiday Clinic in 2014! Kids participating will be involved in activities such as handball games, goal kicking, tug of war, football circus, flag races and bubble blowing while also getting to experience a tour of the facilities and be allowed into the team’s inner sanctum. There will also be activities for the parents and showbags with goodies for all participants.

Date: Wednesday 9 June
Time: 1pm – 4pm
Where: Fremantle Oval, Parry St, Fremantle
For more information and to register visit www.fremantlefc.com.au

Healthy eating - Tips for Parents
Go shopping with your children and allow them to choose the healthy foods that they enjoy eating. For example, ask children to choose some of the fruit and vegetables.

Shop twice a week - fresher fruits, vegetables, breads and meats are more likely to appeal to the whole family.

Buy in season - seasonal fruits and vegetables taste great, are better quality and are better value for money.

Select small pieces of fruit - younger children prefer smaller pieces of fruit as they are easier to handle.

Choose quality - try to avoid bruised fruit or vegetables.

Encourage variety - so that your child does not get bored with their food.

Ten tips for parents
- Give children a variety of different foods
- Offer nutritious snacks, like fruit, yoghurt, crackers and cheese
- Encourage your child to eat breakfast
- Ensure that the family eats together at least once a day
- Pack your child’s lunch at home. Let your child help.
- If your child refuses a new food, don’t make a fuss. Try again several times.
- Listen when your child tells you they are full
- When your child is thirsty, encourage them to drink water.
- Allow your children to help with planning and preparing healthy meals.
- Plan physical activities for your family

Leona Stephens | Community Nurse District
Schools | CACHSCZ | Fremantle/Cockburn
Health Region