From the Principal

Hip Hop Concert - Monday
There will be a short concert for parents and friends from 2pm on Monday in the undercover area to showcase a hip hop dance item from each class. All students have worked out a ‘costume’ that they should wear (they may wear this all day if they like).

Interschool Swim Team - Tuesday
The swim team of 35 students will leave at 8.05am on Tuesday for Challenge Stadium. Please can team members be at school by 8am to catch the bus! It can’t wait for you…thanks!

P&C movie night 10 April - Thursday
This will be Wreck it Ralph! Tickets are sale from the Student Council at lunchtimes or before school in the quad or office. $10 per family ticket. It won’t rain!

ANZAC assembly - Friday
All parents are asked to provide a few flowers for their child to bring to school on Friday to make into bouquets for our ANZAC service. Everyone is invited to this - 9.00am in the quad.

Parking on Verges
I’ve been asked by the East Fremantle Council to remind motorists that it is an offence to park on verges without the permission of the home owner. The ranger has been issuing warnings but will start to issue infringements as of next week. The fine is $60. A number of neighbours have approached the school to ask that parents do not park on their verge. I understand the difficulties that everyone faces in trying to park around the school. The kiss and drop bays constructed by Council a few years ago are an attempt to alleviate the long-standing problem.

The P&C Roadwise committee will shortly put out a survey on road safety that I encourage everyone to complete so that key issues can be identified and addressed.

Lisa Dentith, Principal
School Council
The Council met with Lisa Dentith this week to ratify the school budget. They also discussed community use of school premises licences, newsletter advertising, the garden plans, school data and grant applications. Thanks to the Council of Peter Wade, Meredith Fonti, Tammy Anastasakis, Lee Maloney, Adele Gaskin and Sara Millenbach.

Student Council
The Student Council meets weekly with Lisa Dentith. This term they have run assemblies and raised funds through wacky hair and boardies day for Leukaemia research and surf lifesaving. They are currently assisting the P&C with the movie night and will speak at the ANZAC service. A good first term Council – well done.

P&C Association
Next meeting Tuesday 27 May Zephyrs Café 9:30am.
Phil Beeck 0405 112 135

Entertainment books
The P&C are running this fundraiser again this year. The books are $65 ($13 from each book is collected by our P&C). Follow this link to make your digital or paperback order https://www.entertainmentbook.com.au/order books/8329a7 Contact: Milly 0428 267 074

Class Parent Reps 2014
K Amanda Truscott
K Angela Beazley & Nicky Liley
K-
0 Katie Temby
1-
2 Melissa Cross & Beck James
3 Silvana Gohil & Kate Cattalini
4 Laura Cargill
5 Louise Goddard
6 Melissa Cross & Nathalie Teissier
7-
8 Debra Kouba
9 Louise Goddard & Andrea Gleeson
10 Peta Van Heemst
11 Lidia Cesconetto
12 Milly Sayer
13 Anna Hayne, Alex Langshaw, Bridget Marshall & Michele Van Ooran

Proposed School Banking Program
The P&C is considering a School Banking Program for students and would appreciate feedback – both positive and negative - to give us an indication of support. It’s a great way to teach the children about money management and saving.

Benefits for the students:
No monthly fees.
Students receive a token for each deposit and then can trade them for rewards.
No minimum deposit amount – the emphasis of the program is on regular savings, not the value of each deposit, making it easy for students to participate.
Bonus interest – the Bank will pay students bonus interest when they make a deposit but no withdrawals in a month.

Benefits for the school:
$5 for every activated account via the School Banking program ie for each student who banks through the school’s program for the very first time.
5% commission for each deposit (up to a maximum of $10 in commission per individual deposit) or
Minimum commission payment of $25 per quarter (provided at least one deposit is received from the school per quarter).

The program requires two School Banking Co-ordinators to facilitate the program. This involves being at the school to collect deposits on an allocated ‘banking’ day and then the processing of the deposits, between 1-3 hours a week depending on the number of deposits.

Please contact Sandra Chapman on chappy66@iinet.net.au or 0400 332 442 with any feedback or questions.

ANZAC Assembly:
All classes are looking for parents to help make bouquets for the ANZAC assembly on 11th April - please let your class parent rep know if you can help. Parents, grandparents and friends are all invited to our service starting at 9.00am on Friday in the quad. (U/c over if it’s raining)
FREE Positive Parenting Program
This will be offered at Richmond the first 4 Fridays of next term in the Art Room 9am-11am. It is for all parents of children 3-8 years. It teaches practical, effective ways to manage common issues such as:

- Tantrums
- Meal time and bed time difficulties
- Whingeing
- Disobedience
- Hurting others
- Wandering

Parents are invited to participate in this eight week parenting program to learn:

- Effective parenting strategies
- Ways to encourage behaviour you like
- How to promote your child’s development
- How to prevent or manage common child behaviour problems

The Positive Parenting Program involves:

- A two hour group workshop session once a week for four weeks; then
- A 15 minute follow-up phone call session once a week for three weeks
- A two hour final group session

There are 5 places left. To register Phone Richmond 9339 5055
FREE crèche facilities

COMMUNITY NOTICEBOARD

Not-for-profit ads are provided as a community service and are free. The School Council has decided to accept paid advertising from businesses at $30 per ad. This revenue will be spent on school resources. Businesses wishing to advertise should email a business card sized advert to the school.

Services and programs on this page are not necessarily endorsed by the school.

RSPCA WA April School Holiday Program
RSPCA WA have everything you need to keep the kids entertained. You are bound to find something that will appeal to kids of all ages between 4-14 years.

Check out our website www.rspcawa.asn.au or call 9209 9325, bookings for general public open 31st March

FREMANTLE STREET ARTS FESTIVAL
Easter Weekend (19-21 April)
Fremantle Street Arts Festival held every Easter weekend is internationally acclaimed and attracts thousands of people who flock to the port city to witness breathtaking performances whilst soaking up the famous Freo atmosphere. To plan your Easter weekend visit www.fremantlestory.com.au

AFTER SCHOOL CARE
New families please note you can access after school care at Richmond via private provider, Camp Australia. Call 1300 105 343 or go to www.campaustralia.com.au or call in at the demountable classroom at school after 3.00pm to meet the staff.

This is a private company who rents our undercover area and is not operated by the school.

A note from the Community Health Nurse
Drinks - what should children drink?
Drinking plenty of water is essential for people of all ages. When your child is thirsty, encourage her/him to drink plain water.

It is recommended that children aged 5 – 8 years drink 1000ml per day (4 big cups). Children aged 9 – 12 years drink 1500ml per day (6 big cups). Young people aged 13+ years drink 2000ml per day (8 big cups). Drinking milk is also important, as it provides children with the calcium they need for growing bones and teeth. Children should have three serves of dairy each day. If your child doesn’t drink milk, try yoghurt, cheese or calcium-fortified soy milk.

Limit your child’s intake of ‘treat drinks’ such as cordials, soft drinks and fruit juices. The sugar in these drinks may contribute to tooth decay and unhealthy weight. Filling up on these drinks can take away the child’s appetite for more nutritious food. Fruit juice contains important vitamins but it does not have as much fibre as fresh fruit.

Children should not drink more than one small glass of juice each day. A piece of fruit is much better than a glass of juice. Energy drinks and artificially sweetened drinks are not suitable for children.

For more information go to www.heartfoundation.org.au
Leona Stephens | Community Nurse