

Canteen Richmond

Canteen Menu 2018

RECESS ONLY	
Piece of Fruit	\$1.00
Corn on the Cob	\$1.00
Boiled Egg	\$1.00
Cheesie	\$1.00
Carrot Sticks Hommus – GF	\$1.50
Milk with Sipahh Straw	\$1.50
UP & GO	\$2.00
Yogurt Cup- Frozen Berries - GF	\$2.00
Museli Cup – Yogurt, Museli	\$2.00
Nibble Mix - GF	\$1.50
Chicken Strip	\$1.50
Garlic Bread	\$1.00
Popcorn	\$1.50
Muffin	\$2.00
Banana Bread	\$2.00

SANDWICHES & WRAPS	
Wholemeal Sandwiches	
Vegemite (cheese add .50c)	\$2.00
Cheese	\$2.00
Ham	\$2.50
Ham & Cheese	\$3.00
Ham, Cheese & Tomato	\$3.50
Tuna	\$3.00
Salad (lettuce,tomato,carrot,cucumber)	\$3.50
Toasted extra	.50
Wholemeal Wraps	
Salad (lettuce,tomato,carrot,cucumber)	\$3.50
Cheese & Salad	\$4.00
Ham & Salad	\$4.50
Chicken & Salad	\$4.50

SALADS / VEG BOX	
Yum Yum Box	\$4.50
(carrot+celery+cucumber+cherry tomatoes, hommus dip, rice cracker)	
Chicken Salad	\$4.50
Couscous Salad, Yogurt Sauce (V)	\$4.50

HOT FOOD	
Baked Potato with Cheese GF, V	\$3.00
Baked Potato with Beans V	\$3.00
Twista Pasta Bolognaise	\$4.50
Macaroni Cheese V	\$4.50
Macaroni Cheese GF, V	\$4.50
Vegetable Lasagne V	\$4.50
Beef Lasagne	\$4.50
Beef Lasagne GF	\$4.50
Vegetarian Fried Rice GF, V	\$4.50
Mini Chicken Sub with Lettuce & Mayo	\$3.00
Mini Nachos with Salsa & Cheese V	\$3.00
Large Nachos with Salsa & Cheese V	\$4.50
Spinach & Ricotta Roll V	\$3.50
Sausage Roll	\$3.50
Mini Hamburger Beef	\$4.50
(patty, lettuce, tomato, cheese & sauce)	

FRIDAY ONLY	
Sushi 4 pieces per pack – Chicken GF	\$4.50
Sushi 4 pieces per pack – Tuna GF	\$4.50
Cheese Pizza	\$3.00
Cheese & Pineapple Pizza	\$3.50
Ham & Cheese Pizza	\$3.50
Ham, Cheese & Pineapple Pizza	\$4.00

DRINKS	
Water	\$1.00
Sparkling Water	\$1.50
Nudie Juice	\$2.00
Sports Water	\$2.00
Chocolate or Strawberry Milk	\$2.00
COLD TREATS	
Quelch, Zooper Dooper, Zinger	\$1.00
Smooze	\$1.50
Moosie	\$2.00
Frozen Yogurt Chocolate/Strawberry	\$2.50

GREEN – Recommended Foods

AMBER – These foods should be eaten in moderation

V – Vegetarian **GF** – Gluten Free

When ordering please ensure your Childs Name, Class Number, Items Ordered with Pricing and Totals are Clearly Marked.

If change is required it will be taped to the lunch bag. Any enquires, please contact Anna Howard 0429606345.